



## Preschool Program

Typically ages  
3-4 years

Sharing and respect are two words Sailboats know well. They also know their name, birthday and most of the alphabet. Cleaning up after themselves, too. Most can even say their full name, birthday age and gender. That's part of being more detail-oriented at this age and comfortable doing things independently.

*"The teachers create a great environment – which really starts from the Director down. Leadership is fantastic."*

*- Parent*

*Children learn to be good helpers in the Sailboats classroom – which can be an asset to parents at home as well. That's all part of a philosophy designed to maximize the development and happiness of children ages six weeks to five years. Since our founding in 1993, we have grown to provide a safe, fun and comfortable environment for children to play, laugh and learn in five Middle Tennessee locations.*

**For more information, visit our website at  
[totslanding.com](http://totslanding.com).**

*Creating little captains.*





## In this classroom I can...

### **Language Arts**

- Use sentences as primary communication
- Expand vocabulary and oral language skills through play, stories and songs

### **Cognitive Development**

- Recognize basic shapes and colors
- Recognize letters A-Z
- Write some letters A-Z (uppercase)
- Begin to write first name
- Count numbers
- Recognize numbers
- Know my full name, birthday, age and gender
- Begin to distinguish left from right

### **Sensory Stimulation**

- Listen to and participate in stories and songs
- Observe and participate in group activities
- Manipulate and apply various art materials
- Engage in imaginative play

### **Life Skills**

- Function well within a group setting
- Share, play and get along well with other children
- Learn to work alone on a task
- Follow directions
- Respect classroom property and put toys away
- Use self-help skills
- Wash hands properly and independently
- Use the potty consistently and independently
- Use proper manners and etiquette

### **Motor Skills**

- Walk backward
- Balance on one foot
- Run, skip, jump and gallop
- Use scissors
- Begin to grip a pencil correctly and follow continuous lines
- Begin to draw people, objects and shapes
- Use glue and various art materials
- Build complex structures with blocks